## SEAT AT THE TABLE

DIOCESE OF ERIE - FAITH FORMATION OFFICE

















Ages		0-2 years	2-5 years	6-12 years	13-18 years	19-35 years	35-50 years	50-70 years	70-eternity
Key Human Questions		Is my world safe?	Can I do things myself? Am I good or bad?	How can I be good?	Who am I? Where am I going?	Am I lovable? Can I love and be loved?	Will I provide something of real value?	Have I lived a full life?	Is it okay to have been me?
Spiritual questions and invitations	GOD	Is being with God and his people a safe and happy experience?	What is God like?	How is God present in the world and in my life?	What does it mean to be in personal relationship with God?	What is real faith and why do I need a Church?	How do I experience God's presence with increasing demands on my time and attention?	Where is God in the places I need to surrender?	Am I ready to meet God face to face?
	SELF	Am I safe, comfortable, and loved?	Is it good to be me?	What does it mean to do the right thing?	What are my gifts and talents and how can I use them?	What should I do with my future?	Am I on the right track in life?	Did I do a good job at living my life so far?	Where does my life find value?
	OTHERS	How should I act around others (later end of this period)?	What is the world like?	How can I be part of a larger community?	How do I share love in different relationships? (parents, siblings, dating, marriage, etc.)	How do I live my values?	How do I love in different seasons of life?	How do I find new ways to give of my time, love, and resources?	How do I find peace (esp. with past conflicts and current challenging realities)?
Church Support		Parent classes	Imaginative programs (i.e. Good Shepherd)	Mentor programs with conscious discerning and examining	Spiritual Direction	Discernment retreat; dating couples' retreat	Caregiver seminars / retreats	Conferences/ classes to help families come together after marriage	Prayer teams Storytelling workbooks and groups

<sup>\*</sup>This chart is consults the work of Erikson in his Stages of Psycholosocial Development and their implications and James Fowler in his Stages of Faith Development